

Parenting Newsletter



Trinity Parenting Team

Trinity Academy Newcastle Multi Academy Trust

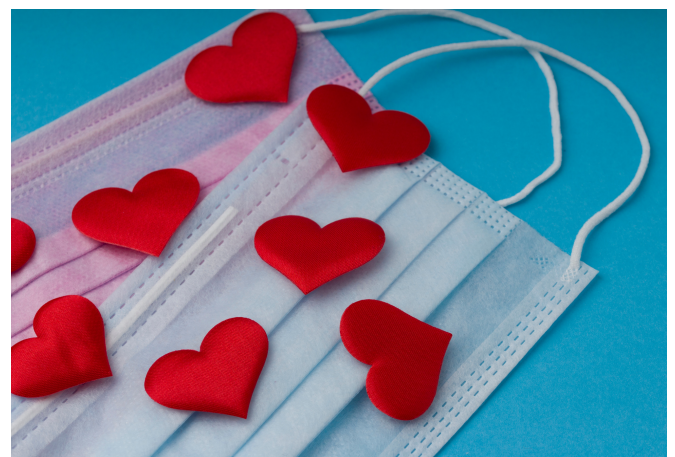
Relationship and Sex Education

As you may be aware, relationship and sex education has become a large part of the personal development training given to all Trinity students. The following is a guide to the information taught to our students across the different stages.

Primary: During this stage students will be taught about the emotional and physical changes of growing up. These include how to cope with their ever changing emotions and how to look after their physical and mental wellbeing as they approach puberty. They will also be introduced to the concept of reproduction and how to form positive relationships. The primary programme of relationship and sex education will be used both to help children understand information significant to them, whilst giving them the chance to openly ask questions and clear up any misconceptions they may have about the topic.

Secondary: During this stage information will be reinforced around previous learning, with the addition of teaching personal safety, legal aspects around sex, sexual orientation, contraception and parenthood. Furthermore, a fuller understanding of relationships will be explored including consent, toxic relationships, harassment and exploitation to name a few. Towards the end of secondary education, these topics will be recapped and time allowed for open discussion to help confirm understanding.

Post 16: This stage will be closely catered to the student's needs, offering information, advice and guidance around all areas in which they need support.



Your involvement in Relationship and Sex Education

Parents/ carer cannot withdraw their child from Relationships Education in primary school or secondary school. However you do have some say over some aspects of what your child is taught. In primary, where the subject taught falls outside of the relationship and sex education curriculum, you may withdraw your child.

In secondary education, parents/ carers will be able to withdraw their child from some aspects of sex education which does not sit inside of the science curriculum up until their 15th birthday. The child will have a right to opt into sex education three academic terms before they turn 16. If you wish to withdraw your child, please arrange to speak to the head of your child's academy to discuss this further.

Trinity welcomes all parents and carers to be part of shaping our relationship and sexual education programme. If you have any comment, concerns or suggestions, please contact the Trinity Parenting Team.

Further guidance around this and the personal development programme of your child is available on the Trinity website.

